

Not Quite Ready for Home Care?

Stay Connected with Lifeguard at Home.



Helping older adults stay safe, connected, and independent at home —with an extra layer of support for the family members who care about them most.

Whether you're checking in from across town or across the country, Lifeguard at Home helps you stay informed about your loved one's well-being without the cost or commitment of full-time home care.

Perfect for families who:

- Want an extra set of eyes on an aging parent or loved one
- Are not ready for full-time home care
- Live far away and worry about day-to-day well-being
- Want greater visibility into changes in health, activity, and routines

Help your loved one stay independent with confidence

Scan to learn how Lifeguard At Home helps families stay connected, informed, and reassured.



What's Included:



Personalized In-Home Assessment

We take the time to understand your loved one's routines, needs, and goals so we can create a plan that supports safe, healthy aging at home.



Customized Wellness Plan

Personalized recommendations based on activity patterns, sleep habits, nutrition, and daily routines.



Continuous Monitoring & Support

Our Lifeguard Alert Center continuously monitors wellness trends and activity patterns, helping identify potential concerns before they become emergencies.



Weekly Wellness Check-In Calls

Regular conversations provide encouragement, support, and an opportunity to address concerns before they become larger issues.



Family Updates & Wellness Insights

Easy-to-read reports delivered every two weeks, helping family members stay informed about changes in activity, sleep, wellness trends, and recommended next steps.

A simple, affordable way to provide ongoing support while preserving independence.