

What Lifeguard Is— and *What It's Not*



Lifeguard Is

- ✓ **A quiet way to support independence at home.** It helps you continue your normal routines and stay in your own home.
- ✓ **A way to notice changes in daily routines.** It looks for meaningful changes in normal household movement and activity.
- ✓ **A simple set of plugs.** They work quietly in the background and require nothing for you to wear, press, charge or remember.
- ✓ **Private by design.** It senses patterns of movement, not pictures or conversations.
- ✓ **A way for your care team to know when something may have changed.** Trained people review patterns and can check in when a meaningful change occurs.
- ✓ **An extra layer of support between care visits.** It can help your care team notice changes before they become bigger concerns.
- ✓ **Something you control.** You should know what it is, what it does and who can see the information.
- ✓ **A way to help your family worry less.** Fewer check-in calls can mean more normal conversations with the people you love.

Stay Home. Stay Independent. Stay You.

Lifeguard offers you quiet, private support that helps you keep living at home, on your terms.

Lifeguard Is Not

- ✗ **It is not a replacement for your independence.** It does not tell you how to live your day.
- ✗ **It is not watching you.** There are no cameras or microphones.
- ✗ **It is not a wearable or emergency pendant.** You don't have to wear or carry anything.
- ✗ **It is not a camera, microphone or surveillance system.** Nothing sees you or hears you.
- ✗ **It is not an alarm going off in your home.** You won't hear an alarm or have to respond to one.
- ✗ **It is not a guarantee or emergency-response service.** It does not replace emergency services or other safety devices.
- ✗ **It is not something your family should decide for you.** Your home is yours, and your choice matters.
- ✗ **It is not a reason for your family to check on you constantly.** The goal is more independence, not less.



1-888-493-1928



info@joinlifeguard.com



www.joinlifeguard.com/stay-independent